

Free Spirits Writing Competition 2023

The Griffith Riverina FAW 'Free Spirits' writing competition aims to help stimulate the conversation around mental health. We encourage you to enter the short story and/or poetry sections – both of which have the theme '**A Friend In Need**'.

All money raised from entry fees will be donated to headspace Griffith and Wellways Griffith to help them continue the vital mental health work they do for our community.

Entry fees and conditions apply.

Competition Opens: 12.00 Midnight AEDT 15 October 2023

Competition Closes: 12.00 Midnight AEDT 15 December 2023

Results announced: 15 January 2024.

Sections:

Flash Fiction up to 800 words in length.

Poetry up to 24 lines in length.

Adult 18 years or older & Junior 10-17 years old sections for both flash fiction & poetry

1st, 2nd & 3rd place in each section.

Cash prizes 1st - \$250, 2nd - \$100, 3rd - \$75 for Adult section. 1st - \$150, 2nd - \$50, 3rd - \$25 for Junior section.

Entry Conditions

Australian citizens may submit to one or both categories, but entry is limited to one flash fiction and/or one poem per author per category. You may submit one entry form that contains information on both your entries if you are entering both sections. Your name or any identifying details must **NOT** be on your entry. The entries are judged blind. Please submit entries as attachments (word documents please & no handwritten entries) with the subject line 'Free Spirits' then your first initial and surname' e.g. **Free Spirits B Smith**. Please also include the completed entry form as an attachment and entry fee remittance as an attachment. Entries to be font Times New Roman size 12 with 1.5 or double spacing.

Entries should be emailed to: carolinetuohey@daisylodge.com.au

Judges: Griffith Riverina FAW members

Entry fee: \$10 for Adult Flash Fiction or Poem & \$5 for Junior Flash Fiction or Poem

Please use direct deposit as payment method to the following bank account. Please use your first initial and surname followed by the word 'entry' as reference eg. **B Smith entry**.

BSB: 032 750

Account: 561 065

Account Name: Griffith Riverina FAW

Please attach a copy of the payment remittance to your emailed entry so we can cross check payment details.

The judges' decision is final, and no correspondence shall be entered into.



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Free Spirits 'A Friend In Need'

writing competition

Entry Form

Author's Name: _____

Address: _____

Email: _____

Phone: _____

Entry Category:

Flash Fiction Junior 10 -17 years of age

Flash Fiction Adult (aged 18+)

Flash Fiction Title of Entry: _____

Flash Fiction Word Count: _____ (remember, maximum of 800 words)

Poem Junior 10 -17 years of age

Poem Adult (aged 18+)

Poem Title of Entry: _____

Poem Line Count: _____ (remember, maximum of 24 lines)

Declaration by author: I agree to comply with the Entry Conditions & declare that the written work submitted in my name is my own original work & not been copied in part, or in full, from any other source & has not been previously published or placed in a competition.

Author/Parent/Guardian signature: Date:

Date of Birth (if entering either of the 10 -17 years of age sections):

Checklist:

Entry form is completed and will be attached to my email

Entry fee(s) paid by direct deposit (ref: _____) & remittance attached to my email

Entries checked for spelling and grammar errors and DO NOT contain my name.

Griffith Riverina FAW

